

# Building

## High School Special Schedule Tanzania

Welcome to our High School Special Building Project in Tanzania! Are you ready for a once-in-a-lifetime experience working with the local community and exploring this beautiful country?

### Programme Goals:

#### ► Building & Renovation:

Make a lasting impact on the community by improving the schools and centres where you'll be working. Contribute to renovation work by renovating a school in need. You will learn local building techniques and leave a lasting impact on underserved communities in the country..

#### ► Cultural Immersion:

Immerse yourself in the vibrant culture of Tanzania through captivating experiences, such as witnessing traditional dances, engaging in conversations with locals, and savoring the flavors of authentic Tanzanian cuisine, all while making a meaningful impact through your volunteer work. Embark on an enriching journey alongside fellow volunteers, forging lifelong friendships and creating memories as you visit iconic landmarks, and marvel at the awe-inspiring beauty of Tanzania, including its stunning wildlife and majestic landscapes.



2 WEEKS



## Day 1

### Sunday

#### Arrival in Tanzania

You will arrive into the famous Kilimanjaro Airport. This is a gateway for mountaineers and tourists alike and, if you are lucky, you may spot the Africa's highest mountain as you come into land.

After you pass through customs you will be met by a staff member holding a sign welcoming you to Tanzania. You will then be taken to your host family in Arusha where you will relax before your office induction. Here you will have the chance to change money and organise a local sim card. Dinner will be served at your host family.



### Highlights

- ▶ Volunteer at our local school
- ▶ Immerse yourself in the Maasai culture
- ▶ Learn about local building techniques
- ▶ Safari at Tarangire National Park
- ▶ Visit waterfalls
- ▶ Help the continued building efforts at the school

### Accommodation

Host Family

### Transport

Private bus and by foot

### Meals

Breakfast will be served at your host family each day. Lunch will either be at the school, at home or in the community. Dinner will be at home or a restaurant.

### Timings

This schedule is subject to change, however you will be advised in advance should this happen. You will depart home at around 7.30am and arrive back at around 5pm. However, this may differ from day to day depending on the activity and progress of the volunteer work.

### Responsible Travel

We offset 100% of carbon emissions associated with your in-destination transport. We're committed to being fully climate-positive by 2024!

By volunteering with us you're helping reforestation efforts, protecting existing forests and providing employment to local communities around the world.

## Day 2

### Monday

#### Morning:

After breakfast, you will have your project induction to outline the objectives for your volunteer work. You will also have the opportunity to register your sim card, receive an induction handbook, and exchange currency.

#### Afternoon:

Enjoy a delicious lunch at a local restaurant before returning home to relax in your Tanzanian home.

#### Evening:

After a busy day, you'll get to enjoy dinner at home and spend time with your fellow volunteers and Tanzanian family.

## Day 3

### Tuesday

#### Morning:

Begin your day by getting introduced to your building project and the local staff you will be working with. Afterwards, you will be assigned tasks to work on.

#### Afternoon:

After some snacks at the site, you will continue with your building activities.

#### Evening:

Enjoy a late lunch and delicious dinner prepared at your accommodation, followed Swahili and culture workshop at the Projects Abroad office, where you'll learn basic Swahili phrases and gain insights into Tanzanian traditions.

## Day 4

### Wednesday

#### Morning:

Dive into your building activities at your placement, learning and utilising various local building techniques as you go.

#### Afternoon:

Lunch will be served at a local restaurant before immersing yourself in a Swahili class at the Project Abroad office. Learn the basics of this beautiful language and enhance your cultural immersion.

#### Evening:

Enjoy a late lunch and dinner at your accommodation whilst relaxing with your fellow volunteers.

## Day 5

### Thursday

#### Morning:

Continue your work activities at the placement, building on the progress made with your fellow volunteers..

#### Afternoon:

After a packed lunch at the project, continue with your work before heading home to relax before the evening activity

#### Evening:

Experience the vibrant rhythms and energetic dance of the Maasai during a drumming and dance activity, followed by a delicious dinner at a local restaurant.

## Day 6

Friday

### Morning:

Dive back into building work at your placement, continuing to make steady progress.

### Afternoon:

Lunch will be served at home before preparing for an exciting safari day trip by participating in a shopping excursion, ensuring you have all the necessary supplies for the adventure.

### Evening:

Indulge in a flavourful dinner at a local restaurant, savouring the diverse Tanzanian cuisine.

## Day 7

Saturday

### All Day:

Start your day off with breakfast at home before embarking on your exciting adventure to Tarangire National Park. The journey to the park will take approximately 2 hours, but the beautiful scenery along the way is worth it.

Upon arrival, your expert safari guide will lead you on a thrilling excursion through Tarangire's vast landscape, which is home to a variety of Africa's most magnificent wildlife. Keep your eyes peeled for elephants and lions, and listen for the sounds of the park's vibrant birdlife.

During your safari, you will take a break to enjoy a tasty packed lunch at one of the park's picturesque picnic spots. However, beware of the park's mischievous monkeys, who may try to steal your food! After an exhilarating day in Tarangire National Park, return to the comfort of your home for a delicious meal.

## Day 8

Sunday

### Morning:

After breakfast, you will hike to Materuni waterfalls. You will visit a coffee plantation before lunch and learn about the growing and processing of famous Tanzanian coffee beans.

### Evening:

Dinner will be served at home ahead of another busy day of volunteering.

## Day 9

Monday

### Morning:

Engage in building activities at your placement, continuing to support the local staff and achieve the project objectives.

### Afternoon:

Lunch will be served at home which will be followed by a reflection session with the Projects Abroad Coordinators.

### Evening:

Rest and relax at your accommodation before a satisfying dinner, reflecting on the positive impact you've made so far.

## Day 10

Tuesday

### Morning:

Resume building activities at your placement, focusing on continuing progress towards the project completion.

### Afternoon / Evening:

Recharge with a home-cooked lunch before engaging in a cooking class at the Project Abroad office. Learn how to prepare traditional Tanzanian dishes and expand your culinary skills. Make sure to take notes on the ingredients and you'll certainly want to recreate these dishes for your family and friend when you return home.

You will enjoy the fruits of your labour for dinner with staff and fellow volunteers.

## Day 11

Wednesday

### Morning:

Continue your building activities at the placement and learning as much as possible along the way.

### Afternoon:

Take a break with a snack before continuing in building activities. Afterwards, you will participate in a Maasai cultural workshop, learning about this fascinating culture.

### Evening:

Enjoy dinner at your accommodation and rest and relax after a busy day.

## Day 12

Thursday

### Morning:

Continue your building activities and finalising the project,

### Afternoon:

Share a special lunch with the children at the school, creating a memorable and heartwarming experience.

### Evening:

Return to your accommodation for dinner with your hosts, immersing yourself in the cultural richness of Tanzania.

## Day 13

Friday

### Morning:

Continue your building activities and finalising the project,

### Afternoon:

Visit Meserani Snake Park, where you'll have the opportunity to learn about local wildlife and conservation efforts. Enjoy a lunch at a local restaurant and explore the vibrant Maasai market for unique souvenirs.

### Evening:

Gather for a special farewell dinner at a local restaurant, celebrating the memorable experiences you've had during your stay.

# Day 14

Saturday

### All Day:

After an incredible two weeks, it's time to head home. Pile your souvenirs into your backpack and get dropped off at the airport. Check in, drop off your bags and sit back. Take some time to let it all sink in. You've just had the trip of a lifetime! Leave with newfound confidence, a deeper sense of self and lifelong friends. The experiences and skills you've gained will help you throughout your future, no matter what path you take.

We can't wait to see you again soon!



## Student Learning Outcomes

### Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

### Leadership Development

Students will be pushed out of their comfort zones, experiencing new challenges each day. They will build their confidence and resilience through team activities and new life experiences.

### Healthy Active Living

Students will be encouraged to prioritise their self-care, enhancing their physical and mental well-being.

### Empowerment

Students will be empowered to think for themselves, challenging the "status-quo" and cultivating transformative decision-making mindsets.

### Global Citizenship

Students will be exposed to new perspectives, engage with real-world challenges and contribute to sustainable development initiatives.



When you think of Africa, you likely picture the vastness of the Serengeti, the snowy peak of Mount Kilimanjaro, the natural wonder of the Great Migration or the unique culture of Maasai tribes. Tanzania is home to all of this and more! Nowhere on Earth is as truly wild.

## FUN FACTS

- ▶ Nearly 30% of Tanzania is protected National Parks
- ▶ Tanzania has the largest concentration of animals in Africa
- ▶ Mount Kilimanjaro is the tallest mountain in Africa
- ▶ Over two million animals travel across the plains during the Great Migration

## Want to learn more?

We'd be happy to talk to you and and and answer any questions you may have. You can call or email our team, or use the 'live chat' feature on the Projects Abroad website.

General inquiries: info@projects-abroad.org

Destination Information	
National Language:	Swahili, English
Population:	61 million
Currency:	Tanzania Shilling
Time Zone:	GMT +3
Capital:	Dodoma
Calling Code:	+255
Dominant Religions:	Christianity, Islam
National Dish:	Ugali
National Animal:	Giraffe
National Bird:	Grey Crowned Crane

### Social Media

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